

SHOOTING FOR A PRO B-BALL LEAGUE LONDON GETS SCOUTED {page 17}



THE DAY **BLACK IS** PROVIN' I'



Tuesday, April 26, 2011 www.metronews.ca



News worth sharing.



519.672.8800

Political signs—ugly or essential?

Estimated number of signs for candidates: Chahbar, between 600-700; Ferguson, 1,500; and Pearson, 1,500-2,000 Each big sign costs about \$14 to make with an additional \$7-15 depending on the material used to secure the sign in place



@METRONEWS.CA

Drive through any major intersection in London and you can't miss them: Election signs clustered on the corner, bright blue, orange and red signs screaming out the names of local candidates.

To Gina Barber, manager for London West NDP candidate Peter Ferguson, there are more signs this

"It's become an eyesore. They are no longer informative, they are just ugly," she said, adding when one sign goes up at an intersection, others arrive and soon there's a mini-turf war. While name recognition is important, Barber said there's no need to have a dozen signs at an intersection.

Dave Dillon, campaign manager for London Fanshawe Conservative candidate Jim Chahbar, said it's all about name recognition so voters know who the candidate is.

And he said there's a bit of oneupmanship from eager volunteers who want to ensure their candidate gets plenty of exposure.

'Sometimes it means having more signs or getting a better intersection, or getting there first and getting the prime spot," he said.

But do signs work?

Mike Ashton, manager for Glen Pearson, Liberal incumbent for London North Centre, said it's a problem if candidates don't have signs up and voters don't know who they are.

"Some people figure the more signs, the bigger the campaign and the more important the candidate. I don't know whether that's true or not," Ashton said. "I think there are some voters that make decisions based on signs, but there are more voters who make decisions based on the candidates.



Stick no bills



While it might seem like candidate signs are placed willy-nilly across the Forest City, there are quidelines, and those signs could be taken down and/or their owner fined if they're put up improp-

Under London's election sign bylaw, it's illegal for candidates to place their signs:

- Between the sidewalk and the roadway
- Within three metres of the edge of a roadway
- Attached to poles, trees, bus shelters, benches, garbage bins or mailboxes
- In any city park or near polling locations

Those who break the bylaw could have their signs removed or face a \$50 fine. To report problems with signs, contact the city at 519-661-4570.







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On the web at metronews.ca



Only rubble and grazing animals remain now that a Taliban compound where a Canadian soldier was killed has been destroyed at the request of locals. Video at metronews.ca



Pushing paper ... away

School board says no to paper Students, staff to brainstorm ideas for cutting down usage



@METRONEWS.CA

Earth Day may be over, but some local public schools are still doing something to green up the Earth.

Starting today and continuing until Friday, all schools and offices in the Thames Valley District School Board are aiming to cut their paper consumption as part of Paperless Week. It's the first time the school board has tried this initiative, continuing environmental work after last Friday's Earth Day.

"We just want people to really think about their use of paper. Even if they have to use paper this week, maybe next time they can think about how they can reduce the amount of pa-per they're using," said Christine Holmes, environmental co-ordinator for the board. "Maybe this will be contagious!'

Teachers and students are encouraged to use any tip or trick they can think of to cut down on their paper usage.

"We had displays last week of recycled art projects and they were great,"

Paperless Week

- Students and staff can sign up and officially pledge not to use paper.
- Visit www.tvdsb.on.ca for more details.
- Teachers and students can win prizes for their ideas.
- Tips can be sent to c.holmes@tvdsb.on.ca.

said Holmes. "We had kids making dinosaurs and robots, all from things they found in the recycle bin.'

But what if a student can't make use of technology to cut down on paper usage?

"Do the best you can. If you don't have that kind of access, that's OK too," said Holmes.

If it catches on, Thames Valley may look at doing this again next year ... with an added twist.

"I've had some people asking if we were challenging businesses to cut down on paper. I hadn't thought of that! Maybe next year,' Holmes said.



Providing a venue for quality time

Adina Innis was among a group of about 75 people who gathered as part of Parental Alienation Awareness Day at the Covent Garden Market. The day draws attention to situations where someone interferes or alienates a child from one of their parents.

Dream a wealthy dream Centennial Hall to

Dream Lottery's latest social-media tool helps people picture themselves as the winner — literally.

"It's another way to enhance the dream of winning the lottery," said Rita Fieder, lottery director,

Dream It, Win It is a

Facebook application that allows those who Like Dream Lottery to import their Facebook pictures into a scene that depicts their posing with a million-dollar cheque. The app also allows fans to share the resulting picture with

friends.

To access the contest. search for Dream It, Win It, on Facebook and then Like the page.

Dream Lottery proceeds support London-area hospi-

METRO

host benefit show

The London Multicultural Community committee invites all the London and area community to attend a benefit concert for Japan relief on Thursday from 7 p.m. to 9 p.m. at Centenni-

Admission is free, but donations will be accepted. All donations go the Canadian Red Cross's relief efforts in Japan.

Downpour continues

Environment Canada's weekend prognosis: Yep, more rain ○ 60 per cent chance of showers for Saturday, but only a 30 per cent chance on Sunday

A special weather statement has been issued by Environment Canada for the London area and much of the province, warning of heavy rain continuing today.

It's part of a low pressure system, currently located over the southern plains of the United States, tracking slowly toward the Great Lakes regions.

Here in the London area, the rain started falling yesterday afternoon, with the heaviest amounts expected last night and early today.

We could see between 30 and 40 millimetres of rain by today.

Another 20 to 30 millimetres is in the forecast for tomorrow, followed by another 10 millimetres on

Thursday.

Despite the wet weather, the temperature will hit highs in the double digits all week.

Environment Canada says it will reach a high of 21 C today and fall to a low of 5 C on Friday.

Highs on Saturday and Sunday are expected to be 16 C both days.

AM980/AM980.CA



Firefighters camp-out on roof for charity

No one wants to get stuck on a roof in the rain, even with a tent and a sleeping bag. But Tom Nicholson isn't concerned.

After all, the London firefighters rooftop camp-out is a fundraiser, not a campfire singalong.

"The whole idea is you're out there being uncomfortable to raise money for someone else," Nicholson said.

Rain or shine, tomorrow at 1 p.m., Nicholson and five other firefighters will begin their 72-hour campout atop the Covent Garden Market to raise money for Muscular Dystrophy Cana"We have some tents, some cots, some sleeping bags, and that's about it really," said Nicholson, adding that local restaurants would be donating meals.

The Londoners are the first firefighters in Ontario to undertake this type of fundraiser.

Nicholson said firefighters out west started rooftop camp-outs about five years ago. The fundraising goal for the London event is \$10,000.

Donate at the Market during the event, or online at the Muscular Dystrophy Canada website at muscle.ca.

Campout kickoff

London Firefighters rooftop camp-out at Covent Garden Market

A kickoff ceremony starts at noon tomorrow.

➤ Various displays and presentations are scheduled in conjunction with the fundraiser, including a chance to meet the Forest City Roller Derby Girls at 6 p.m. tomorrow.

Donations see rise

The London Food Bank is reporting higher volumes of food coming in for the spring food drive this year

Last year by the time the food drive ended,

63,000 pounds of food had been collected.

As of Sunday, they were at 58,000 pounds, 7,000 more than at the same time last year.

AM980/AM980.CA



Baby home after surgery

The father of 15-month-old baby Joseph Maraachli says he is doing well after returning to Windsor, Ont., last week from a St. Louis hospital.

Joseph had a tracheoto-

my at the U.S. hospital after doctors in London would not perform the procedure.

The baby suffers from a fatal, progressive neurological disease and had been

in hospital since October. His father, Moe Maraachli, says the excitement over the return home felt like bringing home a newborn.



Tories ready to 'hit the ground running'

- Harper maintains Conservatives have strong record of collaborating
- Says government moving 'cautiously' on foreign investment rule changes



An increasingly confident Stephen Harper is treating next week's election like a speed bump en route to a renewed Conservative mandate.

Harper told a crowd at a northern Ontario college that "the business of government will commence Tuesday" if voters honour him with a majority.

The Conservatives "will be able to hit the ground running," he said yesterday in Sault Ste. Marie.

Layton: Fears of split vote unfounded

Jack Layton is dismissing as "absurd" the idea that voting for the resurgent New Democrats could result in a Conservative majority

As he openly pushes for his first unfettered mandate since taking power five years ago, Harper is government.

Layton is responding to suggestions that the surging NDP campaign will drain support not from the Tories, but from their Liberal and Bloc Québécois rivals instead.

And he says the Liberals voted with the Tories more than 100 times in the last three years. THE CANADIAN PRESS

soft-pedalling what a Conservative majority would look like.

THE CANADIAN PRESS

Tory line

Harper continues to shrug off the historic contemptof-Parliament ruling that brought down his government on March 25.

- Blame Harper says other parties wanted to "bring down the government at all cost."
- Advertising Tory attack ads began in January.
- Boasting \$26 million was spent on economic boosterism advertising in the runup to the election call.



GRAHAM HUGHES/THE CANADIAN PRESS

Calling all sovereigntists

The Bloc Québécois trotted out an old sovereigntist warhorse yesterday as the separatist party continued to fend off an apparent NDP surge in Quebec. Former Parti Quebecois premier Jacques Parizeau took the stage at a campaign rally near Montreal, calling on members of his old provincial party to fire up support for their political cousins.

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Attack ad lumps NDP, Conservative policies

Stephen Harper and Jack Layton make strange bedfellows in a new Liberal attack ad unveiled yesterday.

The one-minute spot, called "The Loonie," describes the Conservative and NDP leaders as "career politicians" and places them on two sides of a spinning coin.

It strikes a tone similar to Harper's repeated warnings about the dangers of an opposition "coalition," which the Tories have used as a stick to beat the Liberals.

The ad warns that Harper will give public dollars to banks and oil companies, and predicts Layton would "jack up" taxes to pay for

"We're pointing out the recent political history of our country ... Stephen Harper and Jack Layton got together to kill child care in Canada in 2005-2006."

MICHAEL IGNATIEFF ON LIBERALS'
NEW ATTACK ADS

\$70 billion in new spending.

ing.
Liberal Leader Michael
Ignatieff defended the negative tone of the ad during a
campaign stop in Thunder
Bay, Ont.

"We're saying to NDP



voters, we're saying to Liberal voters, we're saying to everybody: 'If you want child care for your family, you've got to vote Liberal.'" THE CANADIAN PRESS

Al-Qaida source a con: WikiLeaks

Secret U.S. military documents suggest a Guantanamo Bay detainee with links to al-Qaida duped Canadian intelligence officials who recruited him as an agent.

The allegation is found among 700 classified documents released by online whistleblower WikiLeaks to select media outlets.

The New York Times reports one document says

U.S. officials discovered a detainee recruited by British and Canadian intelligence because of his "connections to members of various al-Qaida-linked terrorist groups." But, the report suggests the unnamed agent never shifted his loyalties. THE CANADIAN PRESS

metronews.ca metr@news TUESDAY, APRIL 26, 2011



Prisoners tunnel to freedom

Hundreds escape prison in Kandahar by digging tunnel • Officials say most were Taliban militants

Hundreds of Taliban fighters bolted from prison in a daring escape overnight Sunday, prompting a huge hunt for the fugitives and exposing glaring security gaps in efforts to contain the insurgency.

Kandahar Ğov. Tooryalai Wesa said yesterday that a total of 475 political prisoners had escaped, "including one criminal."

The insurgents had worked for months digging the tunnel they used to get out, Wesa said.

The tunnel was started in a house located to the north-east of the Sarpoza prison in the city's Sarfooza area and continued to the entrance of the prison's political block about 300 metres away.

Wesa said later that police shot dead two inmates who tried to evade capture and re-arrested another 26. A spokesman for the Taliban, Qarii Yousaf Ahmadi,

claimed that 541 insurgents escaped overnight after tunnelling underground to avoid security checkpoints. The Taliban say they

spent more than five months building a 1,050foot tunnel to the main prison in southern Afghanistan.

THE ASSOCIATED PRESS

Background

- Canadian authorities said Kandahar city was no longer their responsibility.
 - The escape is reminiscent of one in 2008, when 900 prisoners broke out of the Sarposa prison following a Taliban attack on the facilitv. which was under Canada's oversight at the time.
- Canadian correctional services officers spent years training guards at the prison.



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Gates fast-tracks to biggest CN shareholder

▶ Holds 46.07 million shares through Cascade Investment and Bill & Melinda Gates Foundation Trust

Microsoft co-founder Bill Gates has become the largest shareholder of Canadian National Railway, with a \$3.2-billion stake in Canada's largest rail company.

Montreal-based CN says the world's second-wealthiest man owned or exercised control over 10.04 per cent of its shares as of Feb. 25.

Gates has been buying up the railway's stock since being identified as a shareholder in 2006. The value of his shares is based on yesterday's trading price of \$69.97, up nine cents in afternoon



trading on the Toronto stock exchange. CN's market capitalization for its 458.6 million shares was \$32 billion.

Gates's friend Warren Buffett, through his holding company Berkshire Hathaway Inc., acquired full control of U.S. rail company Burlington Northern Santa Fe Corp. early last year.

CN releases its firstquarter financial results today. The company's annual meeting is tomorrow in Toronto. Analysts polled by Thomson Reuters expect its adjusted earnings will rise to 88 cents per share on \$2.1 billion in revenues.

THE CANADIAN PRESS



KOJI SASAHARA/THE ASSOCIATED PRE

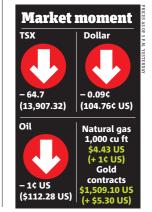
Bumpy road ahead

Toyota Motor Corp.'s car production in Japan plummeted 62.7 per cent last month due to a parts shortage after the earthquake and tsunami. Toyota sold 8.42 million vehicles last year, just managing to keep its lead over a resurgent General Motors Co., which sold 8.39 million, thanks to booming sales in China. Given Toyota's production woes, analysts predict GM will reclaim the title of world's largest automaker that it lost to Toyota in 2008.

PlayStation outage ongoing

Sony Corp. is still working to rebuild its PlayStation Network seven days after an "external intrusion" caused it to suspend the service. The company turned off the service, which lets gamers connect in live play, so that it could boost network security. Qriocity, its online entertainment platform, was also affected.

THE ASSOCIATED PRESS



Wii shall overcome: New console on the way

The successor to Nintendo's hit Wii console will arrive next year.

In disclosing its plans yesterday, Nintendo Co. didn't say what the new system will do. But it did say it will show a playable model of the console at the Electronic Entertainment Expo, which runs June 7 to 9 in Los Angeles.

Nintendo has dominated sales of video-game consoles and sold 86 million Wiis since launching it in 2006. Since then it has

been widely copied and elaborated on by the other major console makers.

But the Wii is showing its age. Even when it launched, it was behind the other consoles of the era, Sony Corp.'s PlayStation 3 and Microsoft Corp.'s Xbox 360, in not offering a high-definition image.

The modest hardware of the Wii has also meant that while Sony and Microsoft have been able to update their consoles with new capabilities, the Wii has seen



relatively minor updates, such as addition of the optional Wii Fit and the ability to play Netflix movies.

Nintendo announced plans for the Wii successor as part of its financial results yesterday. Annual earnings dropped for the second straight year as sales declined. It expects sales to rise again in the fiscal year that just started, thanks to its new handheld 3DS device, which launched last month.

THE ASSOCIATED PRESS

Knockoff game

Microsoft launched its
Kinect game-control
system last fall. Using a
3-D camera, depth sensors
and voice-recognition software, it recognizes your
face, voice and gestures as
you move around and talk.
Sony, meanwhile, began
selling a Move controller
that is essentially a highertech version of the Wii

remote.

U.A.E. pushes for server restrictions

Authorities in United Arab Emirates are determined to impose tighter government restrictions on the most secure BlackBerry service on May 1.

The policy will limit access to the BlackBerry Enterprise Server to

companies with 20 accounts or more. Other users will have to rely on the less-secure BlackBerry Internet Service.

Osman Sultan, chief executive officer of Emirati telecommunications firm Du, said he doesn't expect the shift to cause problems for customers, who will still have access to email, web browsing and messaging services.

The U.A.E.'s
Telecommunications Regulatory Authority
disclosed the new policy
this month. Six months
ago, it backed down from
a threat to impose a more
sweeping ban on the most
popular BlackBerry data
services amid concerns about national security.

Critics see the new rules as a way to more closely monitor political activism in the federation. Although the UAE has seen none of the widespread unrest roiling other parts of the Arab world, authorities have detained at least four activists calling for democratic reforms in recent weeks.

THE ASSOCIATED PRESS

Toy execs cash in on turnaround

Mega Brands rewarded its senior executives with big pay raises last year as the struggling toymaker began to recover from near bankruptcy. Chief executive Marc Bertrand earned almost \$3 million last year, up from \$793,878 in 2009, while Vic Bertrand, chief innovation officer, earned just under \$2.2 million, up from \$674,440. Mega Brands earned \$125.9 million last year, compared with \$10.7 million in 2009.

metr@voices metronews.ca 07 TUESDAY, APRIL 26, 2011

EMBRACE THOSE GUILTY **PLEASURES**

SHE SAYS ...

JESSICA NAPIER METRO

For a while there I was pretty focused on being on trend; listening to the right bands (great, but not so great

that everyone already knows about them), wearing the hottest shade of nail polish, eating at restaurants that refused to take reservations. You get the point.

Lately, however, I've decided to get over myself and embrace the fact that I'm not really all that hip. In fact, I actual-

ly like a lot of things that are pretty lame. I have a lengthy iPod playlist dedicated to Brit-pop from the early 2000s, enjoy eating Nutella sandwiches made with white-trash Wonder bread, and spend an embarrassing amount of time watching Say Yes To The Dress.

Once in a while I allow myself to purchase a trashy paperback housed in the young adult section of the

"Scholarly pursuits, high art and fine cuisine are usually found at the top of the cultural hierarchy while reality television, monster truck rallies and **Kraft Dinner** fall to the

bottom."

bookstore. Every time, I find myself hastily explaining to the cashier that my (non-existent) 14-year-old cousin just loves vampireromance novels. At home, I hide my secret stash of tweentastic page-turners behind stacks of more acceptable reading materi-

So why do I proudly display my collection of classic literature and cultural theory textbooks but conceal my worn-in copies of Harry Potter?

Scholarly pursuits, high art and fine cuisine are usually found at the top of the cultural hierarchy while reality television, monster

truck rallies and Kraft Dinner fall to the bottom. Even lettuce is subject to the high-low divide — my preference for iceberg lettuce over spinach and other leafy greens has led to a number of grocery store debates with my significant other.

Are we right in feeling so ashamed for liking certain things but not others? Is it really all that bad if you don't get modern art or if you have seen (and loved) every Vin Diesel movie ever made, including The Pacifier? So what if you're a closet Nickelback fan - I can't tell the difference between boxed wine and a \$60 bottle and I'm OK with that.

Stop defending your bad taste by claiming you like watching Teen Mom "ironically." There is no sense in denying the gratification that comes from our so-called lowbrow interests. Without guilty pleasures celebrity gossip magazines would fold, personal-sized tubs of Ben and Jerry's would go uneaten and the Kardashian empire would come crashing down. OK, maybe that wouldn't be such a bad thing.

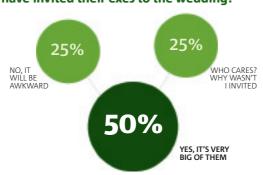
It's terribly exhausting to be sophisticated all the time so why not put the pretension aside and allow yourself to indulge guilt free.

••••• Read more of Jessica Napier's columns at metronews.ca/shesays



Register at metrolifepanel.ca and take the quick poll

Should Prince William and Kate Middleton have invited their exes to the wedding?



Local tweets



@unitedwaylm: Coming to #LDNont #Timeraiser?

Check out the amazing art you can bid on! http://ow.ly/4GkBZ

- @webAssistca: Looks like a nice rainy week in #ldnont. Remember, April showers, May flowers. It has one week of rain left. Enjoy it!
- @WhiteOaksMall: Overheard at White Oaks Mall ... Bob Rae: "Wow! This is a beautiful food court." #ldnont
- @AM980News: The Toy Shoppe of London, in busi-

- ness since 1993, will close Wednesday and reopen later under new ownership as "Mastermind Toys" #fb #ldnont
- @heathbarker: I feel like I have been on summer break for the past week. Whyyyy must I go back to #ldnont today to write my stupid philo exam :(#UWO
- **@nikharron:** READY TO SLAM?! LONDON POETRY SLAM FINALS! Fri. MAY 6th @ Rum Runners! Help pick #LDNONT's national team! http://on.fb.me/eN2OAx (fb) pls RT
- @erinmichelle_: Peace out #uwo. Undergrad is done

Letters & tweets

TORONTO. Your cartoon (Michael de Adder) in the April 19 paper, a jab at youth participation in voting, both shocks and offends me.

As a student committed to voting this election, I find this cartoon distasteful.

You should encourage the youth to vote, not depict us hard-working students as lazy. Youth do not vote because we feel we have no voice, nor do we feel as if our elected officials really address the issues that affect us.

What can the federal or local leaders do for me as a student who has been unemployed for more than two years?

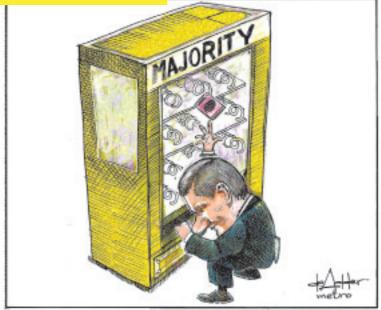
Maybe we don't feel the need to vote because of all the arbitrary political rhetoric that is thrown around in the media and between leaders; we are spectators who are getting scolded for not jumping into a game in which we don't even feel part of.

@murphymichael: Dear Liberal Ad writers: You can't call @jacklayton a career politician, then turn around and sav he's too inexperienced to govern.

ANDREW WARD

#elxn41

Cartoon by Michael de Adder



A classic story: You never know what you'll find

Book dealer Ken Sanders has seen a lot of nothing in his decades appraising "rare" finds pulled from attics and basements, storage sheds and closets

Sanders, who occasionally appraises items for PBS's Antiques Roadshow, often employs the "fine art of letting people down gently."

But on a recent Saturday while volunteering at a fundraiser for the

small town museum in Sandy, Utah, just south of Salt Lake, Sanders got the surprise of a lifetime.

"Late in the afternoon, a man sat down and started unwrapping a book from a big plastic sack, informing me he had a really, really old book and he thought it might be worth some money," he said. "I kinda start, oh boy, I've heard this before."

Then he produced a tattered, partial copy of the 500-year-old Nuremberg Chronicle.

The German language edition printed by Anton Koberger and published in 1493 is a world history beginning in biblical times. It's considered one of the earliest and most lavishly illustrated books of the 15th century. THE ASSOCIATED PRESS



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scene

Scene in brief



Eminem plans to release an EP of new material that he recorded with fellow Detroit rapper Royce da 5'9".

The pair first worked together in the late 1990s, calling themselves Bad Meets Evil, with Royce da 5'9" as the "bad" and Eminem as the "evil" half of the

One of the songs they recorded in those days, called Bad Meets Evil, appeared on Eminem's major label debut, The Slim Shady LP.

duo.

The new material will be released June 14 on Shady/Interscope Records.

Interscope says the EP's title will be unveiled "soon."

THE ASSOCIATED PRESS



Prom's Teegarden is a star on the rise



▶ Friday Night Lights star has found plenty of movie work since
 TV show ended ▶ The 21-year-old is even producing her own movie



Aimee Teegarden is smart, beautiful and good natured, but she doesn't have a date for the dance she's organizing in Prom. While that irony sinks in, consider how smart she is in real life. After five years on Friday Night Lights, the 21-year-old is producing her own projects.

"I've had amazing opportunities," Teegarden said.
"I've seen what everyone's job entailed and jumped at the idea of creating my own work from now on. Finding projects and scripts to get them up and running excites me"

Prom follows high school seniors anxiously awaiting the end of school ritual.

"They get senior-itis, wondering if they'll go to college or figure out whether to with their boyfriend or girlfriend," she said. "It's not glossy and sparkly and singing and dancing in the hall-ways

"It's a film that will be

Prom movies

Here are some other prom-related movies.

- Pretty in Pink (1986)
- Carrie (1976)
- 10 Things I Hate About You (1999)
- Never Been Kissed (1999)
- She's All That (1999)
- Footloose (1984)

relatable 30 years from now, and it will always take people back to high school when everything was the biggest issue in the world."

Teegarden and FNL cast mate Taylor Kitsch have a world of opportunities now that the show has ended. "Taylor Kitsch is off being Mr. Movie Star!," Teegarden said. "But we do talk from time to time. He's such a sweet, sweet guy."

Like Kitsch, Teegarden is hitting her stride. "I went straight to Prom, then Scream 4 and Beautiful Wave," she said. "I'm producing Beyond the Darkness for Dennis Quaid at the end of the year. I'm so very busy and so very lucky." ... And smart.

Shelton back in studio after Honey Bee buzz

Blake Shelton knows an opportunity when he sees

With his new single Honey Bee setting a record for digital sales and rocketing up the charts, the country singer and soon-to-be reality television coach is going into the studio this week to finish his next album.

"Playing your cards too close to your chest doesn't pay out," Shelton said.

"I feel like right now if I've got a single that's exploding, easily my fastest climber, I don't want to do something like wait and put (the album) out in the fall. It's when you rally the troops and say, 'Man, we've got to get this thing done.'"

Until Shelton debuted the single during The Academy of Country Music Awards earlier this month, he was content to finish the album later this summer and release it in the fall.

He's got plenty to do as it is. His marriage to Miranda



Lambert comes May 14 and his stint on NBC's The Voice debuts tonight, with live shows in June.

But that ACM awards performance of Honey Bee spurred a sales buzz and the single sold more than 138,000 digital copies its first week, a record for a country male solo artist.

It was the greatest gainer on the Billboard country songs chart and jumped to No. 21 last week. That's light speed in the world of country radio. So now the album is due out July 12 and Shelton's hitting Nashville this week to finish the untitled album with producer Scott Hendricks pronto. He's already got the songs picked out. It's just a matter of laying them down. Expect a good times vibe.

"Honestly it's just songs that I can kind of relate to at this moment of my life," Shelton said.

THE ASSOCIATED PRESS

metrescene metronews.ca 09
Tuesday, April 26, 2011

Girl Friday pursues 'real' music career

Despite mass criticism of viral video, Black turns Internet infamy into fivesong album

It's Friday. Instead of spending the last day of her spring break vacation on the beach or at a theme park like so many other teenagers, Rebecca Black is recording tunes at the suburban studio of Charlton Pettus, a music producer who has worked with such singers as Hilary Duff and Clay Aiken.

Rebecca realizes that this is unusual.

"I'm definitely not some normal 13-year-old girl that barely anyone knows around school anymore," she proclaims.

"Well, you used to be," her mother, Georgina Kelly, gently reminds her.

ly, gently reminds her.

The self-described "musical theatre geek" from Anaheim, Calif., abandoned normalcy a month ago when her independent music video Friday became one of the most popular — and parodied — songs on the Internet.

The cheesy video and cheerful tune, anchored by Rebecca's nasally flat voice, was created for her by for-hire pop music producers Ark Music Factory.

While Friday has its fans, it has overwhelmingly more critics, and has



been endlessly lampooned for its searing mediocrity. Matthew Perpetua of

Matthew Perpetua of Rolling Stone wrote that the fascination "mainly comes down to its subpar production values, grating hooks and extraordinarily stupid lyrics," but noted that there's something "uniquely compelling" about it.

That's likely why Friday has garnered more than 118 million YouTube views and sits at No. 64 on iTunes' single chart.

Rebecca contends that being picked on in school prepared her for her role as YouTube court jester and that she only shed tears once over the massive critical onslaught.

If anything, she's more motivated than ever to prove the millions of naysayers wrong by turning her virtual infamy into an actual music career.

"I was bullied all the time in school," Rebecca says. "I don't know what was so different about me that made people want to pick on me. I thank those people because if it wasn't for them, I wouldn't be here right now. I would probably still be sitting at home crying. I've dealt with that my whole life. I've learned to have a thick skin."

THE ASSOCIATED PRESS

Harris inspired by folk legend on new album



Emmylou Harris says that late Montreal folk legend Kate McGarrigle was one of the most extraordinary musicians she's ever known.

McGarrigle died of cancer last year at age 63, and Harris's new disc Hard Bargain — which comes out today — has a delicate tune devoted to the memory of the captivating singer-songwriter, called Darlin' Kate.

"I really do miss Kate a lot," Harris said softly during a recent interview in Toronto.

"Her songwriting, just so beautiful, and her singing. And the two of them together just made a sound that thrills my soul. But really, this song was about losing a friend."

Over a wispy acoustic guitar and piano, Harris sings a simultaneously hopeful and mournful tribute, which ends with the line: "If there was one name I could consecrate/ It would be yours, it would be Kate."

The album's title is taken from a tune from the noted Canuck songwriter Ron Sexsmith, which Harris covers on the record.

"He writes those lovely melodies, so the song just had everything going for it," she says, later noting that the Sexsmith connection is only one of her many Canadian ties — she also points out her love of Lanois, Neil Young, Joni Mitchell and the Band.

"How come I'm not an honourary Canadian citizen? Why has this not happened for me? Why do they still hassle me at the border?"

The Sexsmith tune is one of only two covers on the record, with Harris nabbing a songwriting credit on the album's other 11 tracks. The Canadian press



Flav gets out of the fried chicken business

A fried chicken restaurant in Iowa founded by Flavor Flav has abruptly closed its doors after the reality TV star and his business partner cut ties and exchanged harsh words.

Flav's Fried Chicken restaurant in Clinton, Iowa, closed on Sunday, just four months after opening to much fanfare.

Flav told WQAD-TV that he was pulling a license that allowed restaurant manager Nick Cimino to use his name in the restaurant because he "isn't running the business right." Some former employees had complained they were not paid.

Cimino told the station Flav was "a fraud" who was trying to get rich off of his ideas and work.

Flav, a founder of the hip-hop group Public Enemy and later a star of VH1's The Surreal Life, opened the business with Cimino in January.

THE ASSOCIATED PRESS

See it twice 🕮 🕮 | See it now 🕮 🕮 | Worth watching 🕮 | Yawn 🕮 | Don't bother 🕏

Exploring the journey of grief

Rabbit Hole

Genre: Drama **Director:** John Cameron

Stars: Nicole Kidman, Aaron Eckhart

@@@1/

Mitchell

Becca (Nicole Kidman) isn't coping with the caraccident death eight months ago of her young son Danny, and who says she should?

Just about everybody. Her practical husband Howie (Aaron Eckhart) wants Becca to resume living by attending group sessions with other bereaved parents.

Becca's sturdy mother Nat (Dianne Wiest) reminds her daughter that she also lost a son, Becca's brother Arthur, and she got over it.

Then there's Becca's sister Izzy (Tammy Blanchard), who has repeatedly screwed up her



life, yet is delighted to discover she's pregnant. Why can't Becca just be happy for her?

And so it goes in Rabbit Hole, a perceptive and sympathetic film by John Cameron Mitchell that looks at grief by way of selfish reasonableness.

The movie is a mature statement by Mitchell, whose previous films Shortbus and Hedwig and the Angry Inch took sex as life's major preoccupation.

Rabbit Hole sees a world that is trying to be

ordered and nice — but as Kidman's Oscar-nominated Becca curtly observes, "Things aren't nice anymore."

Extras include a director's commentary and deleted scenes.

PETER HOWELL

Casino Jack Genre: Biography Director: George

Hickenlooper **Stars:** Kevin Spacey, Kelly Preston

●●½
Isn't it funny how drama

so often tells the greater truth?

A documentary at Sundance 2010 on the ethical extremes of disgraced U.S. überlobbyist Jack Abramoff was both a snoozer and puzzler.

But George
Hickenlooper, who died
prior to release of the
film, summons a golden
performance out of
Kevin Spacey. The film
traverses similar ground
to the doc, revealing a
man who wanted to be
both filthy rich and godly. But it has a sense of
humour the doc lacks,
and goes deeper in
Abramoff's psyche.
Barry Pepper, Kelly

Preston and Jon Lovitz provide solid support, although the film may ultimately be of interest only to U.S. political junkies.

Extras include a director's photo diary, deleted scenes and a gag reel.

O PETER HOWELL

Fightville doc delves into unforgiving world of MMA



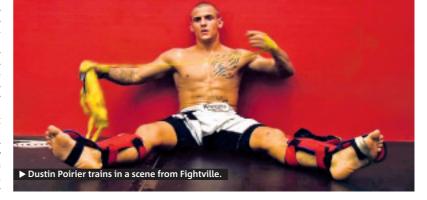
A star in the making. A troubled young talent. A charismatic promoter and a wise veteran manager.

Documentary filmmakers Michael Tucker and Petra Epperlein hit the jackpot when they embarked on Fightville. They just didn't know it at first, starting the project almost by accident.

Known for war documentaries like Gunner Palace, the filmmakers turned to mixed martial arts after one of the soldiers they had met invited them to Louisiana in 2008 to watch him in an amateur fight. They saw several fight cards and went back to their producers.

"'We think there's a film in this. Nobody has done a correct film about this subject," Tucker recalled telling them. "And we just started."

The resulting 85-minute



film airs next Thursday and Friday at Toronto's Hot Docs festival.

Fightville arrives in Toronto the same week as the UFC does for a record-breaking show before 55,000 at the Rogers Centre.

The film serves as a timely backgrounder to that spectacle, offering a look at the demanding, often bru-

tal life young fighters have to live to follow their dream.

Tucker and Epperlein weave several stories together, showing the rise of Dustin (The Diamond) Poirier — a rising star who was on one of the first cards the filmmakers saw — and training partner Albert Stainback's detours.

Pulling the strings are Tim Credeur, a veteran fighter and manager who is a Yoda-like presence in the movie.

Producers may have expected a documentary on a violent sport. And while there are a few bloody fight scenes, Fightville offers much more.

THE CANADIAN PRESS

metr@dish metronews.ca TUESDAY, APRIL 26, 2011

Will and Kate want rocking wed reception

- Deyoncé, Jay-Z may be among entertainment after royal wedding
- Planning less formal bash for friends after official reception

Beyoncé and Jay-Z have reportedly been asked to perform for Prince William and Kate Middleton after their wedding Friday, according to the Daily Star. "Both William and Kate are massive fans of Beyoncé and Jay-Z. They really wanted to make their big day even more special and what better way than by getting pop royalty to perform at the party?" a source says. "Will and Kate will have an official reception for hundreds of dignitaries before throwing a less formal bash for loved-ones. They both wanted to ditch traditions and make it more personal for them." Bevoncé is currently in Europe promoting her new single. • metro





'Free spirit' Hugh No more still hard to catch

Hugh Grant reportedly has a new woman in his life. but he's keeping the relationship under wraps, according to News of the World. The actor and Tinglan Hong have reportedly been seeing each other since January. But the notoriously commitmentshy Grant, 50, isn't about to settle down. "He's still a free spirit," a source says. "Ting's a lovely girl, smart and very attractive. She and Hugh love spending time together. But as ever he's a very difficult man to nail down." O METRO



pizza for

Britney Spears is reportedly serious about maintaining her new healthy lifestyle, if her tour demands are any indication.

The singer has ordered caterers at stops for her Femme Fatale tour to exclude any junk food, including hot dogs, pizza and cookie dough ice cream, according to the Sun. And Spears has reportedly also banned alcohol from her presence as well. She'll also be travelling with a small gym and a humidifier,

according to the report.





Five hours in ail too much?

After her latest trip to jail - even for just five hours Lindsay Lohan is reportedly getting fed up with how she's being treated. "She is being treated differently from everyone else because she is famous," a source close to the actress tells Popeater.

"We were all in shock when she was forced to return to jail just to make an example out of her. It's not right. Especially when she is working so hard to live a healthy life. It's obvious this is only happening because she is famous and anyone that thinks celebrities get away with stuff or let off will think again after seeing this."

♠ METRO

Celebrity tweets



"Going to try to tweet more."



"As everyplanning . their night at the club. I'm wondering when Golds closes lol."



surely....."



great artists, Tony Danza never actually came out and said who the boss was.

They left it to the viewer to

Cowell: Paula's a pain, but I miss her

Simon Cowell is looking to team up with former American Idol judge Paula Abdul again, hoping to have her complete the panel of judges for the U.S. edition of X Factor, he tells Deadline Hollywood.

"I missed her the

second she left (Idol)," Cowell says.

"Always loved working with her, even though she can be a pain."

Cowell is hoping Abdul will join him, music producer L.A. Reid and British singer Cheryl Cole, a judge on the original X Factor. • METRO





HAART has virtually eliminated vertical transmission of HIV, i.e. from an HIV infected mother to her baby. New cases of HIV among injection drug users in B.C. have decreased by 50 per cent since 2007. HAART has been shown to reduce sexual transmission of HIV by over 90%, and it is similarly effective in the injection drug use setting. S CELIA MILNE





Copying Canadians

• Made-in-Canada HIV treatment being implemented by other countries around the world



Thanks to a program pioneered in Canada, future cases of AIDS around the world are being prevented.

HAART, which stands for highly active antiretroviral therapy, uses tripledrug therapy to stop HIV in its tracks. B.C. has been using HAART treatment as prevention since 1996, with dramatic results. "While an outright cure for HIV remains elusive,

HAART has transformed HIV infection from a short-term death sentence into a chronic, manageable condition and helped restore the health of thousands in Canada and millions worldwide," says Dr. Julio Montaner, director of the British Columbia Centre for Excellence in HIV/AIDS at St. Paul's Hospital.

The B.C. Centre for Excellence in HIV/AIDS pioneered the concept of Treatment as Prevention and proved that it not only

"In appropriately treated individuals, HAART reduces the concentration of HIV present in plasma."

DR. JULIO MONTANER

transforms HIV infection into a long-term chronic manageable disease, it also dramatically decreases HIV transmission rates. HAART therapy is available across Canada.

China recently adopted

a similar program as its national HIV policy. The made-in-Canada strategy is also being echoed in San Francisco, New York (the Bronx) and Washington.

Here's the impact the program has had in BC: In the early 1990s, at least one British Columbian per day was dying of AIDS. Since HAART's introduction in 1996, AIDS-related mortality has fallen by more than 90 per cent among those receiving reatment, says Dr. Montaner, who is also chair in

AIDS research and head of division of AIDS at the University of British Columbia.

"In appropriately treated individuals, HAART reduces the concentration of HIV present in plasma and in sexual fluids to levels so low as to be undetectable by the best commercially available tests," says Montaner

Reducing the infection allows people's immune systems to recover and stops the progression of HIV disease and even AIDS. metr@food TUESDAY, APRIL 26, 2011

Bungalow gives pub food upscale treatment

• If you're looking for a place that offers casual dining and a comfortable atmosphere, this eatery is ideal • The menu features pub classics & more



LUNCH RUSH

PAUL MITCHELL

FOOD@METRONEWS.CA



were looking for a comfortable place in Old North for casual dining and quickly

discovered the Bungalow. Located at Cheapside and Waterloo and coowned by the proprietors

from the Tasting Room, you will find the same level of service and a few familiar faces at this upscale gastro-pub and watering

Known foremost as a spot to grab a drink and a hearty dinner after work, Bungalow offers its line of gourmet "build-your-own" burgers, pub classics and personal pizzas.

I select the fish and chips (\$12.99), which arrive steaming hot, filling an entire platter, and served with mayo-style coleslaw.

The cod is substantial with a crispy and thick beer-batter. Heavy but fulfilling, little is left on the plate by the end of the

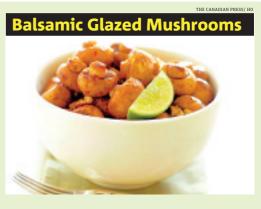
The Margherita pizza with bocconcini, fresh basil and tomato (\$10.99) is particularly satisfying.

The menu is ideal for

sitting at the long bar to watch the game while enjoying a pint from Bungaported and micro brews. Parking is free but limited.

The Bungalow Neighbourhood Hub 910 Waterloo St. 519-434-8797 bungalowhub.ca Quick solo lunch: Yes Social lunch: Yes Client negotiations: Yes Price range: \$9 - \$15 Rating: 4 out of 5

low's broad range of im-



This unique Balsamic Glazed Mushroom dish can be served over hot cooked rice or salad greens for a light vegetarian meal.

It will also work great as a side dish with grilled chicken or pork.

Preparation:

- In a measuring cup or small bowl, mix together the vinegar, lime juice, sugar, garlic and hot red pepper flakes; set aside.
- Heat a large skillet or wok over medium-high heat. Add the walnuts; cook and stir constantly for 2 to 3 minutes or until lightly toasted; remove and set aside.
- In the same skillet, heat oil over mediumhigh heat; add the mushrooms and stir-fry for 3 to 4 minutes. Add the walnuts to the skillet and stir in the vinegar mixture while stirring constantly for 2 to 3 minutes or until

the sauce is bubbling and the mushrooms are well coated

Serve the Balsamic Glazed Mushrooms on hot rice, mixed greens or as a side dish to grilled meat.

> Tip: For a spicier dish, increase the amount of red pepper flakes to 1 tsp (5 mL). THE CANADIAN PRESS/ MUSHROOMS.CA

Ingredients:

- 1/4 cup (50 mL) each balsamic vinegar and lime
- 3 tbsp (45 mL) packed brown sugar
- 2 large cloves garlic, minced
- 1/2 tsp (2 mL) hot red pepper flakes
- 1 cup (250 mL) broken walnut pieces
- 3 tbsp (45 mL) vegetable or olive oil
- 1 lb (500 a) small fresh mushrooms (white or cremini)

Don't put the ham away quite yet

Just because Easter is over, doesn't mean you can't make a delicious and unique ham dish

You don't need a holiday to make this Ham, Asparagus and Cheese Strata.

The dish uses a great combination of staples such as ham, cheese, chives and milk.

It's sure to be a crowdpleaser, which is great since this recipe makes eight to 10 servings.

Preparation:

Cook the asparagus in a small amount of boiling salted water for about 2 minutes or until it is tender crisp: drain the asparagus and set aside.

Place 6 slices of bread on the bottom of a

greased 13 x 9-inch (3.5 L) baking dish, cutting the bread to fit dish, if necessary.

> Sprinkle half of the ham, asparagus, chives, rosemary and cheeses over

the bread. Repeat with a second layer, endina with **SMAUG**

cheese.

Visit clubmetro.com and enter the code that is beside the hobbit for your chance to WIN!

In a large bowl, beat the eggs, milk, mustard and black pepper and pour evenly over the bread. Cover and refrigerate it for at least 2 hours or overniaht.

Bake the dish uncovered in 350 F (180 C) oven for

about 1 hour or until the egg mixture is set in the centre when tested with a fork. Let it stand for 5 minutes before serving to your family or quests.

NEWS CANADA/ SCHNEIDERS

Ingredients:

- 1 lb (500 g) asparagus, cut into 2-inch (5 cm) pieces
- 12 slices egg bread
- 2 cups (500 mL) Schneiders Country Naturals smoked ham, cut into 1/2inch (1 cm) cubes
- 1/4 cup (50 mL) chives
- 1 tbsp (15 mL) chopped fresh rosemary
- 2 cups (500 mL) grated cheddar cheese
- 1 cup (250 mL) freshly grated Parmesan cheese
- 6 eggs
- 2 1/2 cups (625 mL) milk
- 1 tbsp (15 mL) Dijon mus-
- 1/4 tsp (1 mL) black pep-

A LOVE STORY THAT OVERCAME HARDSHIP

Names: David and Mandy

Hometown: New Westminster, B.C.

Together since: 2004

Their story:

Both David and I (Mandy) had followed friends to a Simon Fraser University pub party and, before we knew it, we were squished together in a crowd of strangers.

The circumstances were less than romantic, but those close quarters allowed his infectious humour to grab my attention. By the end of the night, I was enamoured.

After a few phone conversations, David and I went on our first date.

I knew immediately that there was something



special about him.

And when he took a call from his sister during our date and explained to her whom he was with, I could tell by the tone of his voice that he had been feeling the same way about me.

David is easy to fall in love with, and I did — fast.

We were lucky to know the strength and depth of our love early on as we were about to face hardship. A year and a half into our relationship, David suffered a traumatic brain injury. He had to undergo a year of intense therapy in order to regain memories of our life together. Although he was changed, I knew our love was something special, and we remained committed to each other.

Ten months after his accident, David and his sister planned a surprise trip to Toronto for me.

He proposed at the top of the CN Tower. We married on March 3, 2011.

WE WANT TO KNOW HOW YOU MET! GO TO 2FORCOUPLES.COM NOW TO SUBMIT YOUR LOVE STORY

MAYBE 'HE'S JUST NOT THAT INTO YOU'

I went out on a date with this guy and it went really well. We set up a second date as we both had a great time. The only problem is he never called me back! I texted him a couple of times, but aside from some random, non-committal texts back, he's never asked me out again. What did I miss?

Clueless Against My Will

Claire: Dear Clueless,

If I could answer this I'd be richer than He-of-themeringue-hairdo (Donald Trump). You say the date went well, so I assume that the conversation flowed easily, that his body language was good, and that you didn't mention that your meds have kicked in so that you don't hear "the voices" quite as often as you used to.

If any of the above is incorrect then the date didn't go as well as you thought, and that's why he didn't call.

But if it did, then this might have nothing to do

TWO SISTERS



ANDREA & CLAIRE
RELATIONSHIPS@METRONEWS.CA

with you: I believe that as we get older, timing increasingly dictates whether or not a relationship has a chance to bloom.

Perhaps he's in that grey area — that intersection between different phases of his life where all he knows is that he doesn't know what he wants.

The other possibility is that your date went so well that the ecstasy of your potential relationship was too life-altering for him to cope with, so he ran. In which case, keep taking your meds and move on.

Andrea: Dear Clueless,

There's a saying that I believe applies here: "He's just not that into you."

But don't fret. He did you a favour! By not engaging you beyond that one date, he quite possibly saved you the trouble of emotional upheaval down the road.

Although no one likes the silent treatment or pretending nothing happened, you didn't have to go through liking him, then not liking him and the inevitable, uncomfortable "we need to talk" talk.

The point is, you didn't miss a thing.

Instead, ask yourself what you liked about him, then use that information to find an even better hottie

Once you learn to take a step back, you can enjoy the ride, and isn't that the best part?

TWO SISTERS, 20-SOMETHING ANDREA AND 30-SOMETHING CLAIRE, OFFER THEIR DIFFERING VIEWS ON YOUR RELATIONSHIP ISSUES.

Letters of love in a time of war

Cache of 'precious letters' shows how great-grandparents lived the Civil War

Alone in his hotel room after a solemn dinner with his brother, the newly enlisted army surgeon took up pen and paper to make the first instalment on his promise.

"I have a few moments," he wrote to his wife, just 16 kilometres up the coast in Lynn. "I am in such a whirl that I can hardly think, much less write."

Just four days earlier, on April 12, 1861, Confederate artillery had fired on Fort Sumter in Charleston Harbor, igniting the Civil War. On April 15, President Abraham Lincoln issued an urgent appeal "to all loyal citizens," seeking 75,000 volunteers to quell the rebellion

The very next day, Dr.

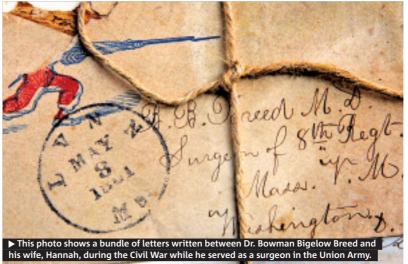
Bowman Bigelow Breed — my great-grandfather — was on a train south, bound for Boston, and for war.

Bowman and my greatgrandmother, Hannah, vowed to write to each other every day, "if only a line."

And they kept their promise as well as one can during a time of war. Except for brief furloughs and the few months when she would join him at one of his postings, they were apart from the fading echo of those first cannon shots in South Carolina until an assassin's bullet ended Lincoln's life four years later.

Their "precious letters," as each called them, would total nearly 1,000 by war's end

Growing up in Lynn, I



had listened eagerly to my dad's vivid stories about the Civil War and the grandfather he never knew. But until two years ago, when my oldest brother, Putnam, handed me a heavy cardboard box containing the letters, I had no idea where those stories came from. When I removed the first bundle and carefully untied the dry-rotted string, I found the letters in remarkably good shape — stained, faded, some with holes gnawed in them by vermin, but legible.

As I read them, it became clear they traced the war's entire arc, from battlefield and home front. My ancestors' missives were a pleasant revelation — chatty and erudite, playful and poignant. And, for a pair of supposedly stodgy Yankees, surprisingly passionate.

Once just sad-eyed faces staring out from sepiatoned photographs on a mantelpiece, Bowman and Hannah have become living, breathing people to

And during our own time of war, I can read in their words the struggles of any number of young American couples — separated by a sense of duty, but longing for peace and "a home together."

ALLEN G. BREED/ THE ASSOCIATED PRESS

GETTING FIT & STAYING FRUGAL

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA



Want to save \$1,000 this summer?

Wipe the cob webs off your roller blades and

tune up that rusty bicycle that has sat in storage all winter.

This summer, bike, blade, run or walk to work or social events. Rather than paying big bucks for outdoor concerts and events, grab your hiking boots and hit the local trails in Canada's beautiful national parks. Not only will you feel better about your health, but you'll save on metro passes, vehicle maintenance, extremely expensive gasoline and entertainment.

Set a frugal fitness goal such as being active for at least 30 to 45 minutes each day.

Consider changing your eating habits too. Lounging on patios, soaking up the sunshine, having a few cold ones and snacking can add up to hundreds of dollars throughout the summer season. Invite your friends over to kick back in your yard or balcony. Host a barbecue or meet at an empty field, have a picnic and play softball.

Set a frugal entertainment goal such as socializing with friends outside restaurants and bars once a week.

I'm an avid cook and I long for summer when I can buy a wider variety of locally grown and organic fresh food.

Buying food in season and from local growers can translate into better prices and helps support small business within your community.

your community.
Grab your favourite recipes and head to the farmer's market. Buy only what you'll need to prepare your dishes and avoid 'stocking up', which can result in wasted money by throwing out rotten items.

Set a frugal fresh food goal such as buying fresh once a week rather than bulk buying.

Take your summer savings and plough it into your Tax Free Savings Account, pay off expensive credit card debt or reward yourself if you reach your fitness, entertainment and food goals.

Tackle taxes with a list

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS CA



If you haven't completed your 2010 tax return, a list will galvanize you.

I'm a great believer in making a list for those times when you just can't get at it — whatever "it" is.

Lists are your one-stop solution to a bout (or permanent case) of procrastination. It's oh-so reinforcing to cross off tasks as you progress.

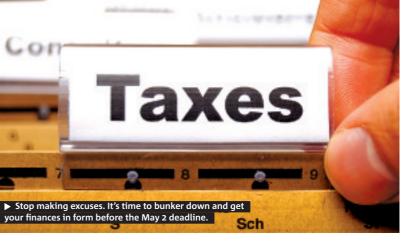
This is particularly true in the world of money. The trick is to break the job down into easily achievable steps.

According to an H & R Block poll released April 13, 10 per cent of filers plan on doing their taxes this week, just days before May 2, and many more won't make the deadline.

As a public service to

Tax Facts

- 1 million Canadians will file their taxes late this year.
- 11 per cent of those who file late don't realize that the deadline is May 2.



those procrastinators, here's my income tax preparation list to get you going.

• If you're using tax software, sign on — some banks offer a discount rate with the major providers, such as TurboTax through RBC and UFile through CIBC.

You can also do-ityourself with H & R Block software. Otherwise go to cra-arc.gc.ca, click Individuals then 2010 Tax Package to download and print, or go to the post office for a paper copy.

• Gather expense receipts

and separate into major categories; medical\dental, child, education, donations, RRSP, rental (if you own a rental property) and so on.

Total each and note it on the file or envelope.

- Gather income slips and clip together based on category T4, T4A, T5, etc.
- Clear a desk or table surface I'm talking all clear!
- Assemble writing implement, paper, calculator and stickies.
- Turn off or un plug your

phones so you can concentrate.

- Begin. Mark what you don't understand with a stickie (for paper filers) or make a note (for e-filers) and return to it later.
- Complete form.
- Smile if there's a refund due.
- Mail or net file form.
- Pay tax owing at your bank.

Now if only I could get my husband to start making lists!

Where there's a will...

• Don't pass over the importance of writing a will

Did you know that many Canadians mistakenly believe that having a will is not a priority? Nothing could be further from the truth.

If you die without a will, the province in which you live will decide how to distribute your estate. And if you have children who are minors, the provincial government (through the Public Trustee) will decide who will raise and care for them. Children might be taken into public custody until guardians are identified.

The provincial govern-

ment has its own common and impersonal formulas for the distribution of your estate. Some money or assets may end up going to places and persons you may have not intended.

For example, under these laws, each child would receive a proportion of the Estate created by a pre–established formula. So a son or daughter who was already well–established, completed university and had their own home and a secure income, might end up receiving the same amount as another child with very

different needs.

As well, without a will there could be no special gifts to your lifelong friend, or a bequest to your favourite community or non-profit organization such as a health charity. In sum, no concerns for your thoughts on the size of any bequests to anyone would be addressed without a proper will.

There are many reasons why people never get around to writing a will, including the belief that it is costly-a common misconception, and it doesn't have to be. News Canada

Royal Wedding weddingbells metre Prenup a necessity?

Prenuptial agreements are a touchy subject. Many argue it takes the romance out of marriage, but protecting your money is a savvy, serious matter — you just never know what the future holds.

The British press has raised the issue of a royal prenup but Prince William's office declined to comment. In Britain, prenups are rare (unheard of in the royal family), but in Canada they're becom-



ing more common.

Weddingbells' 2011 Reader's Survey results revealed 32 per cent of brides thought it was a smart idea, a figure that's up six percent from the 2010 results.

ALISON MCGILL WEDDINGBELLS.CA

sports

Quoted



"It's always something special. I've won it a few times."

RED WINGS DEFENCEMAN
NICKLAS LIDSTROM, A SIXTIME NORRIS TROPHY
WINNER, ON BEING A
FINALIST FOR THE 11TH TIME
IN 13 SEASONS FOR THE
AWARD RECOGNIZING THE
NHL'S BEST BLUE-LINER.

"It means a lot to me to play at this level in this league at this age. I sat next to Chris Chelios for nine years, so I saw up close what it takes at this age to stay in shape."

LIDSTROM, WHO TURNS
41 ON THURSDAY. THE
OTHER FINALISTS FOR THE
NORRIS ARE BOSTON'S
ZDENO CHARA AND
NASHVILLE'S SHEA WEBER.

Habs looking to catch a break

Scott Gomez is hoping fate will turn in the Montreal Canadiens' direction.

Overtime wins in the fourth and fifth games have given the Boston Bruins a 3-2 lead in their best-of-seven Eastern Conference quarter-final, but that's how close the battle has been between the Northeast Division rivals.



Time: 7 p.m.
TV: CBC

"It's a great series," Gomez said yesterday. "It's been so weird. "It's whoever gets that little break or bounce. It's fun for us. They threw the last punch and now we have to throw one. If you looked at the teams this season, this is what it boils down to."

The Bruins can put away the Canadiens with a victory in Game 6 at the Bell Centre tonight. It promises to be a good one, with Boston looking to come back from an 0-2 deficit to win a best-of-seven series for the first time in 27 tries, and Montreal seeking the same magic that saw them win five elimination games while ousting Washington and Pittsburgh in the opening two

rounds of the playoffs a year ago.

If Game 7 is necessary, it will be played tomorrow night in Boston.

Montreal took the first two games in Boston and the Bruins won the next two in Montreal. In the playoffs, each club has scored 12 goals.

THE CANADIAN PRESS

Canucks GM blames refs for team's woes

Luongo will start in net tonightSchneider will be available to play

General manager Mike Gillis is blaming the referees for the Vancouver Canucks being forced to play a Game 7 in their NHL playoff series against the Chicago Blackhawks.

Gillis said his team has its back against the wall because more penalties are being called against the Canucks than Chicago.

"I'm not sure how you explain that discrepancy, but we're going to be very

hard-pressed to win hockey games if throughout the entire series, when the score is tight, they get 75 per cent more power plays than we do," Gillis said yesterday.

"That's the facts we are facing."

Coach Alain Vigneault said goaltender Roberto Luongo will start for the Canucks tonight (CBC, 10 p.m.). In a surprise move, Vigneault started backup Cory Schneider in Game 6 Sunday night in Chicago.

"He (Luongo) knew yesterday he was either going to start Game 1 of the next series or start Game 7," said Vigneault.

A playoff that began with Vancouver being favoured to win the Stanley Cup can end in one of the most embarrassing meltdowns in franchise history. The Canucks took a commanding 3-0 lead in the best-of-seven Western Conference quarter-final series but have lost three consecutive games.

THE CANADIAN PRESS



Judge orders end to NFL lockout

Six weeks into the NFL lockout, players have an early triumph over the owners in court.

U.S. District Judge Susan Richard Nelson ordered an immediate end to the lock-out yesterday, siding with the players in their fight with the owners over how to divide the \$9-billion US business. The NFL immediately said it would ask Nel-

What rules?

If the injunction is upheld, the NFL must resume business, although under what guidelines is uncertain.

son to put her order on hold so the league can pursue an expedited appeal to the 8th U.S. Circuit Court of Appeals in St. Louis, Mo.

Nelson granted a request for a preliminary injunction to lift the lockout, saying she was swayed by the players' argument that the NFL's first work stoppage since 1987 is hurting their careers.

The NFL is going forward with the draft, which begins Thursday night.

THE ASSOCIATED PRESS

Sports in brief

Setback for Phil Hughes

MLB. Injured Yankees starter Phil Hughes had a setback yesterday in his rehabilitation from a "dead arm," cutting short a bullpen session after about a dozen pitches.

Hughes went on the disabled list April 15 be-

cause of a significant drop in his velocity this season. The ASSOCIATED PRESS

Laker arrested in New Orleans

NBA. Authorities say Los Angeles Lakers forward Derrick Caracter was arrested in New Orleans, accused of public drunkenness and shoving a cashier at a pancake restaurant.

THE ASSOCIATED PRESS

U.S. beats Canada for gold at worlds

While the United States celebrated their third straight women's world hockey championship, the Canadian women were doing some soul-searching.

The U.S. beat Canada 3-2 in overtime yesterday for their fourth world title in the last five tournaments. Canada defeated the United States for the Olympic gold medal last year in Vancouver, but haven't won the world championship since 2007.

"We've lost three here, so we have to figure that out I think going forward, come back better with better habits," Canadian captain Hayley Wickenheiser said in Zurich yesterday.

Hilary Knight's overtime winner was a gift as the puck changed speed through traffic. With Canadian goaltender Shannon Szabados stretched to her right post, Knight snared the puck just behind the



"It comes down to the last second often in a game. A bounce here and a bounce there and that's what it was tonight."

CANADA'S HAYLEY WICKENHEISER

goal-line at the left corner and tucked it in for the winner.

Jocelyne Lamoureux and Jenny Potter also scored for the U.S., while Jessie Vetter made 51 saves for the win.

Gillian Apps and Rebecca Johnston replied for Canada. THE CANADIAN PRESS

London being eyed for hoops franchise

• Representatives from East Coast visit to sell city on potential new league

Five is the magic number for a budding Canadian professional basketball league.

If the Halifax Rainmen, Saint John Mill Rats and Quebec Kebs are going to form their own circuit after disassociating with the Premier Basketball League last week, they say they need to find at least two more franchises to make it work. The primary targets are Moncton, N.B., and London, Ont.

"We're exploring (ownership groups) that have reached out to us and said they're interested in having a franchise," said Mill Rats president Ian McCarthy. "We had seven (teams) in

"Any city that has a (major junior) hockey team could be a candidate. We know they have a facility, a fan-base, (regional) rivalries ... so that footprint is already established."

PRESIDENT OF THE SAINT JOHN MILL RATS IAN MCCARTHY

the PBL this year and had a successful season so the minimum is probably five."

City of Moncton representatives have publicly endorsed adding a probasketball franchise, while McCarthy and Rainmen owner Andre Levingston are travelling to London today to meet with a prospective ownership group.

"For it to be a Canadian league, we would want it to

be more than just the Maritimes," McCarthy said.
"Ontario, Quebec, Nova
Scotia, New Brunswick,
would give us four
provinces."

In a perfect world

In a perfect world, a new league would have two divisions, one featuring Maritime teams — the Rainmen, Mill Rats and Moncton — and another featuring the Kebs and additional teams from Que-

bec and Ontario.

Schedules weighted on intra-divisional play would heighten rivalries and reduce travel.

McCarthy also threw out suggestions of Sydney and Charlottetown as ideal Maritime cities as well as Ontario's Mississauga and Oshawa. He also didn't rule out the possibility of an American entry.

"We're just trying to see how it plays out and which markets have real owners interested in joining and seeing if it could work out to have that footprint," Mc-Carthy said. "We'll just see where it takes us."

MATTHEW WUEST

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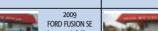


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Crossword

Across

- 1 Temperate 5 Tennis ball container
- 8 Pedestal part
- 12 Sandwich cookie

15

18

23

30

33

38 39

45

48

51

24

- 13 Surprised cry
- 14 Press
- 15 Find
- 17 Ledge 18 Curvy letter
- 19 Jewel
- 20 anteater
- 21 Parched
- 22 Scratch
- 23 Singer Gorme 26 Unknown woman
- 30 Greets the villain
- 31 Use a ray gun
- 32 Sunrise
- 33 Meat dealer
- 35 London newspaper
- 36 Coffee vessel
- 37 A welcome sight?
- 38 Military higher-ups
- 41 Zero
- 42 Ballpoint, e.g.
- 45 Billions of years
- 46 Reveal 48 Carry
- 49 Autumn mo
- 50 "My bad"
- 51 Late-braking devel-
- opment?
- 52 Firmament
- 53 Wherefores' mates

Down

- 1 Fashion
- 2 Rainbow 3 Not so much
- 4 Medic
- 5 Small flock
- 6 Attention getter
- 7 Neither partner

- 8 Drag through the mud
- 9 Met melody 10 Barbie, e.g.
- 11 Sans siblings 16 Shrek, for one
- 20 Diego 21 Talked about
- 22 Navigation aid
- 23 Recede 24 Second person
- 25 E-mail address com-
- ponent 26 Discordance 27 Beavers' construct
- 28 Have bills

- 31 Buddhist sect 34 Day portions (Abbr.)
 - 35 Body powder
 - 37 Johnny Mathis clas-

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29 Type measures

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- 38 Wagers 39 Chess piece
- 40 Opposed to 41 Shaving mishap
- 42 Milne bruin 43 Catch sight of
- 44 Capone foe 46 Two, in Tijuana

47 Depressed

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➤ Yesterday's answer

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Sudoku

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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

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Ryan, I am really happy we are together, and I would like more hugs and kisses. Thanks! From MICHELLE

Nicole, You mean the world to me. You're beautiful, caring and simply wonderful. I hope one day we can lay upon an open sun-kissed meadow and spend hours doing nothing but being together. Will you go to prom with me? From DANIEL

Kitty, Happy 20 Months babe, Aug. 28th i know i re-member, i confessed . i know you don't love me, but you care about me that's whats special. You know how i feel and you care. What we have is really special, and today i just want to say i love you kitty :) Bye bye! From DOG



Today's horoscope

T Aries March 21-April 20 |t may seem as if certain areas of your life are not functioning as well as they should.

¥ Taurus April 21-May 21 |f you make an effort to help someone in need today your kindness will be noted.

II Gemini May 22-June 21 Don't limit your horizons - be open to new experiences.

Gancer June 22 July 22 If you think that your efforts have not been properly rewarded that will change very soon.

Ω Leo July 23-Aug.23 It's good to get away from the daily grind once in a while.

M Virgo Aug. 24- Sept. 22 You will be attracted to someone who is as different from you as chalk is from cheese ← Libra Sept. 23-0ct. 23 Don't

give in to jealous feelings.

M Scorpio oct. 24-Nov. 22 The harder you have pushed yourself in recent weeks the more you need to take things easy

₹ Sagittarius Nov. 23-Dec. 21

For today's crossword answers and for expanded horoscopes, go to metronews.ca A new relationship is likely but

give it time to develop.

**B Capricorn Dec. 22-Jan. 20 Forgive and forget and let

someone know that you do not hold a grudge against Aquarius Jan. 21-Feb. 18

If life isn't a great adventure then you're doing it wrong. H Pisces Feb. 19-March 20. You're in a buying mood and the more things cost the more vou want them.

SALLY BROMPTON





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